Term One, Newsletter 2, Friday 28th February, 2025



## St Ambrose Primary School



Centred by Faith - In Partnership with Community -We Provide Excellence in Learning











We give thanks to our elders past, present and emerging and truly appreciated the beautiful surrounds our school is built upon. With gratutude; The St Ambrose Community. Thanks to Libby for sharing this lovely image of our school and grounds.



## Learning Brings HOPE





Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, **Pilgrims of Hope**, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen.

## Term 1 2025 Dates

Saturday 1 March 2025	Reconciliation Commitment Mass 5pm
Sunday 2 March 2025	Reconciliation Commitment Mass 11am
Wednesday 5 March 2025	Prep Rest Day
	Ash Wednesday Mass 9.30am
	Assembly 2.50pm
Monday 10 March 2025	Labour Day – Public Holiday
Tuesday 11 March 2025	PFA meeting 2.30pm (new date)
Wednesday 12 March 2025	Buddies Mass (Prep & 5/6) 9.30am
	Prep parents' morning tea 10.30am (new date)
	NAPLAN
Thursday 13 March 2025	NAPLAN
Friday 14 March 2025	NAPLAN
Monday 17 March 2025	Palm Sunday Prayer Service (Prep-Gr 1) 2.45pm
	NAPLAN
Tuesday 18 March 2025	NAPLAN
Wednesday 19 March 2025	Whole School Sports Day
	NAPLAN
	Assembly 2.50pm
Thursday 20 March 2025	NAPLAN
Friday 21 March 2025	NAPLAN
	National Ride2School Day
	School Photos
Monday 24 March 2025	NAPLAN
	Holy Thursday Prayer Service (Gr 3/4) 2.45pm
Wednesday 26 March 2025	Middle Level Mass (Gr 3/4) 9.30am
	Sacrament of Reconciliation Practice 10.30am
Thursday 27 March 2025	Sacrament of Reconciliation 12.30pm and celebration
Monday 31 March 2025	Good Friday Prayer Service (Gr 5/6) 2.45pm
Tuesday 1 April 2025	Easter Sunday Prayer Service (Gr 2) 10.15am (time change)
	Whole school cross country colour run 11.30-3.30pm
Wednesday 2 April 2025	End of Term 1 Mass 9.30am
	Assembly 2.50pm
Friday 4 April 2025	End of Term 1 – students dismissed 3.30pm





Term 1 Dates

## **Message from the Principal**

As our fifth week of the term closes I give thanks for the opportunities we have in a beautiful country town where we enjoy the benefits of a democracy and peaceful times.

Pope Francis recently called on all Christians to join in prayer for peace. He encouraged us to unite in spirit as a symbol of hope for all nations and to foster a global shift in thinking. I shared in our last newsletter that the theme for this Jubilee year is "Pilgrims of Hope," and we pray that it will be a year of hope for a world suffering the impacts of war, the ongoing effects of COVID-19 pandemic, and the climate crisis. There is so much happening in the world, and at times, it feels like everything is moving at an overwhelming pace. One minute, peace agreements are being signed, and the next, they are unravelling. Indeed it is easy to feel helpless in contributing to a positive solution.

Pope Francis reminds us, "Hope Does Not Disappoint."

For those of you who have been in to the office you will have noticed our lantern in the foyer. It houses our candle of HOPE which can also serve as a reminder of our support for those in need of our prayers.

We include those in our own community who are facing challenging times. As an act of solidarity you may like to place an intention beneath our candle of hope or simply say a prayer in your own space in your own time. As Christians we believe in the power of prayer and in sending positive intentions into the world.



For all of us, may this Jubilee year ignite hope in our hearts. God's word helps us find reasons for that hope. Taking it as our guide, and as we move into lent, let us return to the message that the Apostle Paul wished to communicate to the Christians of Rome, that is to live according to his message of the spirit, the message of compassion and love for each other.

## **Welcome Richelle Poynton**



"Hello! My name is Richelle, and I'm excited to join St. Ambrose Primary School as an Education Support Officer. With a background in early childhood education and experience in early intervention, I'm passionate about fostering an inclusive learning environment where every student can thrive.

As someone guided by faith, I believe in supporting students with patience, compassion, and

a growth mindset, while embodying the values of care, respect, and service. I look forward to working closely with the staff, students, and families to ensure all students receive the support they need to succeed and develop a love for a lifetime of learning.

I'm also looking forward to contributing to a wonderful school community!

## Parents & Friends Association: Calling New Members!

Our first PFA meeting for the year will be on **Tuesday March 11th at 2.30 pm** in the Mercy room. We hope to see as many of you who can make it there! We can discuss best times to meet from here onwards. Stay tuned for more things to come and remember, **you are always welcome to attend our meetings**, **we would love to see you there. You can register your interest in joining our PFA via the Operoo form sent out this week.** 

## From our Captains



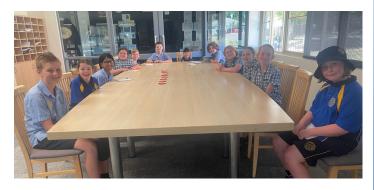
Hi everyone!

My name is Asher J and I am one of your school captains for 2025. I am proud to be a school leader, i love this school and can't wait to encourage all students to have a go!

Please come and see me if you have any ideas, or just to say hi!

Hi everyone, my name is Sonny B and I am the school captain for 2025. I am so happy to help around the school. If anyone would like to do anything around the school or has any problems you can come to me. I would love to help every student in the school so please come to me for any questions.

#### SRC



Our Student Advisory Council members met this week to learn more about their role and to discuss suggestions from their classes. They voted to keep the student suggestion box which they will decorate and they spoke about the support many of our students have shown for a colour and slime run. We congratulate the above students who will meet fortnightly to be a voice for their class throughout semester one.

## **Robogals**



Our 5-6 class welcomed a visit from Robogals on Monday. Robogals is an international, non-profit, student-run organisation that aims to increase engagement in science, technology, and engineering through fun and educational initiatives. This program in the past has been focused on year five girls, however the incursion is now inclusive of boys and girls and we also included year six students.

During the 1.5-hour session, students were introduced to robotics, electronics, and electrical engineering. We hope you enjoy the photos!





#### Anaphylaxis & Allergy Awareness

We are seeking your help to support the students in our school with severe allergies.

Anaphylaxis is a severe allergic reaction that is potentially life-threatening. The most common causes of anaphylaxis in schools are allergies to food and insects (bees). To help manage allergies, our school is following the National Allergy Council's Best Practice Guidelines for Anaphylaxis Prevention and Management in Schools.

The Best Practice Guidelines recommend an Allergy Aware approach, which means we are supporting students at risk of anaphylaxis in the following ways: •training staff

- educating students about allergies and anaphylaxis
  teaching students that we all have different needs and to be respectful of others
- •teaching students, the importance of getting help immediately if their friend with allergy looks sick.

For food allergies, we are also:
•encouraging students with food allergies to wash
their hands before and after eating
•encouraging students to wash their hands after
eating something their classmate or friend is allergic
to

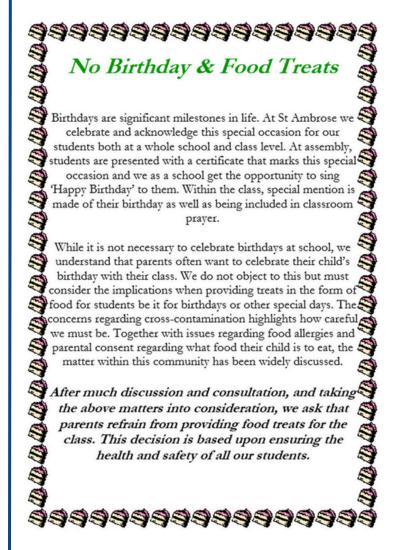
•teaching students not to share food with friends who have food allergy.

Food allergies are common in school aged children and avoiding the food is the only way to prevent an allergic reaction. Therefore, we have put a range of different things in place to help keep these students safe. In younger primary classes, we may send letters home to suggest ways to support a child with food allergies that are additional to those listed above. Nut products are not banned from classrooms unless there is a child in the class who would has a severe risk (ie breathing near a nut product) We teach our students not to share food and in the spirit of inclusion and promoting a healthy diet we have a No birthday food or treats policy. Please read through it if you haven't already.

We ask you to support the school's Allergy Aware approach so that we can increase safety and provide an environment that meets the needs of all our students.

Thank you for helping our school be "Allergy Aware".

## **No Birthday Treats**



## How Can Families Support Allergy Aware Schools?

Please read the flyer at the end of this newsletter.

#### St Ambrose Colour Run Fundraiser

This year our students have expressed that they were very keen to do a colour & slime run fundraiser. Please read through the information about our colour run which will include some controlled and respectful sliming this year and email Mrs. Cavric or your child's class teacher if you have any questions.

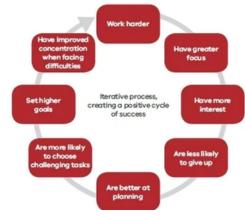


## St Ambrose School Improvement

Student Agency



Students with a strong sense of agency...



## 2025 School Advisory Council Calling New Members!

We are looking for additional members for our School Advisory Council. The SAC acts as an advisory council to the Principal on school matters. If you are interested in joining please add your name to the Operoo form sent out this week. You can contact myself or you could also contact our current chairperson Mike Boudrie <a href="mailto:mikeboudrie@grangeadvisory.com">mikeboudrie@grangeadvisory.com</a> for more information.

All members will be required to attend the SAC induction session facilitated by MACS.

Simon Stevens, MACS Education Officer will facilitate this School Advisory Council Information Meeting.

Areas he will address are:

- The purpose of the SAC
- Roles and Responsibilities
- The Election Process and Tenure
- Meeting Protocols
- Agenda Items
- Q&A time



To our Yr 3 & 5 families. NAPLAN 2025 begins Wednesday 12th March.

Our year three and five students will sit their
Naplan testing from March 12th. We approach
NAPLAN calmly and in a supportive manner with
our students. Your children will benefit from plenty
of rest and good nutrition. Some children will take
these days in their stride while others may feel
tired and irritable. Understanding and
encouragement from all of us will assure them.
Contact your child's teachers if you have any
wonderings. Note that if you feel that your child
should be exempt from doing the Naplan testing
you should notify your child's class teacher no
later than Monday March 3rd at 4.00pm.An
information flyer can be accessed via this link:
chrome-

extension://efaidnbmnnnibpcajpcglclefindmkaj/htt ps://www.nap.edu.au/docs/default-source/default-document-library/naplan-information-brochure-for-parents-and-carers.pdf We will communicate the testing schedule when it is finalised.

#### **Next Newsletter**

For more news and photos visit our <u>website</u> and look at latest news by clicking on our Facebook button.

Our next newsletter will be published on Friday, 14th March 2025.

Yours in faith, hope and love.

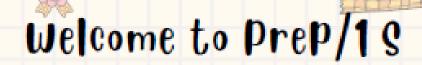




Bronwyn Phillips Principal



## CLASSROOM FEATURE PREP-ONE S



We have had a very busy and exciting few weeks in Term 1!

Our class has spent lots of time settling in, making new friends and participating in some wonderful learning opportunities.

Our new Prep friends have been at school for 17 days. They have been learning lots of new routines and practising being independent. Our Year 1 friends have been busy writing stories, playing counting games and being wonderful role models for our Preps.

We have been really enjoying our time together as a new class.

We hope you enjoy sharing in some of our learning so far!

From Prep/1 S and Miss Seddon



Some Maths Place Value and Counting fun!







## **CLASSROOM FEATURE** PREP-ONES



Morning Prayer is a special time together as a class. We are learning the Our father and enjoy singing



We visited the Church and learnt about the symbols. We talked about the important statues and images as well as how we can







Classroom fun!

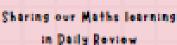






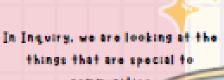








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## AROUND THE SCHOOL



## **School News**





Dear Parents and Carers,

Thank you so much for supporting our school to be the best it can be! This term we are hosting a Monty's Colour Slime Fun Run as part of our school cross country for our students and raising funds for school resources as voted on by the students.

How Do We Fundraise?

Fundraising for our school is easy! Simply go to <a href="www.myprofilepage.com.au">www.myprofilepage.com.au</a> and click the register button to create a cybersafe, online profile page. Once you've created a parent account and profile page, you can share that around to family and friends to receive online donations. Please note that this is an online fundraiser only and all cash donations must be converted to an online donation before Thursday 4th April, 2025.

Receive a prize for your fundraising efforts by simply raising \$10 online! At the end of the fundraiser, students can mix and match up to a total of five prizes based on their donations received or they can give back to one

can mix and match up to a total of five prizes based on their donations received or they can give back to one of the six causes on offer - The Great Barrier Reef Foundation (coral planting or turtle protection), Carbon Neutral (tree planting), OzHarvest (providing meals to those in need ), The Smith Family (reading support) or Dolly's Dream (end bullying in schools).

You can also receive some bonus Monty the Monstar incentive prizes! Check out your sponsorship form booklet for more information! This form is being sent home with students today.

Event Information Tuesday 1st April

11.30am – 3.30pm School Cross country event + colour and slime!

St. Ambrose School and Five Mile Creek Walking Track

Wear a white shirt to make the colour pop!

Each student will also receive a pair of sunglasses and a headband!

Students are required to wear closed-in shoes!

Students will be covered in non-toxic, biodegradable colour powder and slime!

We look forward to seeing the students all bright and colourful on the day of our Monty's Colour&Slime Fun Run!



For further information, please contact Kristy
Cavric – PE teacher at
kristy.cavric@sawoodend.catholic.edu.au.

NOTE: if your child does not want to be coloured on this day they can still raise money and take part but not have the colour directed to them. Please email Kristy Cavric and your child's class teacher if this is the case.



School News

## **School News**



# CONVEYANCE ALLOWANCE PROGRAM



The conveyance allowance is a form of financial assistance to help families in rural and regional Victoria with the cost of transporting their children to their nearest appropriate school/campus. The conveyance allowance is available to eligible students travelling by public transport, private car and private bus. The conveyance allowance is also available to eligible students whose nearest school is not serviced by a free school bus.

#### Eligibility criteria

The eligibility criteria varies depending on the type of school attended and where it is located.

Students attending a government or non-government school must:

- attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible
- be enrolled at a school/campus outside Melbourne's metropolitan conveyance boundary
- reside 4.8km or more by the shortest practicable route from that school/campus attended
- be of school age (5 to 18 years old at time of application) and reside in Victoria.

If you believe you are eligible, please collect click the link or collect a form from the school office.

If you completed a form in a previous year, you do NOT need to fill in another one. Any questions, please ask Karen at the school office.



School News

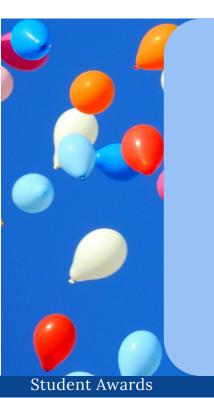
## Student Awards



- P/1S Rosa M for trying her best in all learning areas. Well done!
- P/1S Nick L for being a wonderful role model to his classmates. Well done!
- P/IT Pip F for her positive attitude and helping new classmates settle in!
- P/IT Anna M for being a great role model and friend to her classmates!
- P/10 Thomas S for demonstrating great resilience when faced with a challenge. You are a great friend to others!
- P/10 Tilly N for being a responsible role model for her friends in P/10. Thank you for helping everyone settle in.
- 2KR Mack R for completing a wonderful classmate interview and writing lots of interesting information!
- 2KR Harry O for working well with a partner to make 2 and 3 digit numbers in Maths!
- 2KR Teddy A for settling in beautifully and being a friendly member of 2KR!
- 3/4CW Tillie J for the amazing way she has started Year 4. Excellent!
- 3/4CW Marli P for a great start to the year, showing kindness and respect.
- 3/4CW Elissa A for the amazing way she has settled in to St Ambrose!
- 3/4M Bassy G for excellent sentence writing.
- 3/40 Jonah M for showing great resilience and having a great start at St Ambrose.
- 3/40 Sofia M for her wonderfully descriptive writing.
- 5/6M Elsie A for supporting classmates to achieve their best. Well done!
- 5/6M Felix D for helping set up the classroom each morning. Thank you!
- 5/6P All of 5/6P for a tremendous start to our school year.
- 5/6W Mirabelle S for her resilient attitude on starting at St Ambrose. Welcome!
- 5/6W Phoebe G for consistently being respectful, responsible and kind in the classroom. Thank you!

#### Sports Stars of the Week -

Ben H for excellent listening and participation in PE lessons. Charlotte W for excellent hopping on the hopping balls! Casey M for excellent participation and enthusiasm in PE lessons. Elsie A for being a helpful and responsible house leader. Mollie H for giving 100% in all PE activities.



## HAPPY BIRTHDAY

4 March〈才Nly≷N 6 March Hugh F, Emily S 12 March George L, Dominic O 13 March Rose A G 14 March Harry O, Lizzy R 17 March Tyler T 20 March Felix D 21 March Aaliyah F 25 March Angus N 28 March Skylar C 29 March Reuben T 1 April Emily B 6 April Catalina B 8 April Audrey C 10 April Grace H 11 April Elle S 12 April Jorel L 14 April Aston M, Jett M, Madison M

## **Student News**





#### 5/6 Cobaw Summer Sports

On Tuesday, Grade 5/6 students went to Romsey to compete in 3 different Cobaw Summer Sports events, one of them being Volleyball which is what we will be talking about.

Our girls team included Elke, Sofia, Varli, Amelia, Phoebe, Asher, Cosette, Madeline, Eire and Olivia. Our first game was against Newham Primary. It was a hard game but we managed to come away with a draw. We must have got our confidence up as we managed to win all our other games. This took us to victory, winning the overall competition. We were all very happy with how we played and now look forward to the stage, the Division Competition. Last of all we would like to thank all the teachers and parent helpers who supported us.

In the boys team was Tom, Ellie, Sonny, Joel, Nick, Jett, Archie, Isaac, Cayson and Orlando. We played a total of seven games against Our Lady Of The Rosary, Romsey, Newham, Belinda, Kyneton Primary, St Mary's Lancefield, and Woodend Primary. We won all seven games by a large margin even against St Marys who beat us last year. Like the girls we will compete at the Division Sports in Term Four. We were very excited when the organises announced the winners and St Ambrose was called out first.

Lastly, both teams would like to thank all the teachers and parent helpers who supported us throughout the day.

By Tom 5/6W, Ellie 5/6M, Phoebe 5/6W and Sofia 5/6P.







T-Ball

On Tuesday, all the 5/6s went to 2025 Cobaw Sports! We were separated into three groups,volleyball, tee ball and cricket. The girls and boys tee-ball team was full of grade 5s and we would like to tell you all about it! In tee ball you have to hit a ball off the tee. Then you need to run around your opposition and touch each base as you go! We all loved playing tee ball and we had so much fun.

The girls played 5 games, they drew twice and had 3 loses. The boys had 2 wins, drew once and lost twice. We would like to thank all the parents and teachers for all their support on the day.

By Billie, Isabelle and Caleb 5/6M Leon



## Congratulations Joe!

Congratulations to
Joseph O in grade 5 who
represented
St. Ambrose in the
Sandhurt & Goldfields
division swimming event
in Bendigo today. Joe
placed first in 50m
freestyle and 50m
breaststroke in the 10
year old boys events.
Great work Joe!

Student News

## **Student News**



#### Robogals

On Monday, 17th Feb year 5/6s had an incursion that included programming robots and making them fight in a sumo ring. Robogals is a program that inspires students to learn engineering and programming, it was founded in 2008 by Marita Cheng at Melbourne University. We were given a robot and introduced to a website that we used to program the robots. They educated us on how to use the robot and make them move.

Once we had gone through the basics they gave us the challenge to program the robots to stay in a sumo ring. It was very challenging but with some assistance from our instructors we all managed to get them working.

Overall it was a great experience and we would like to thank the Robogals program for coming.

By Archie 5/6M









#### **Hot Shots Tennis**

Today 16 Grade Sixes participated in the Cobaw Hot Shots tennis inter school competition held at Kyneton Tennis Club.

The children played 6 other schools including St Mary's Lancefield, Our Lady of the Rosary Kyneton, Hesket Primary, Woodend Primary, Romsey Primary & Kyneton Primary.

8 girls and 8 boys versed each school in singles, and then doubles playing timed matches. Today we were lucky enough to win both the boys

and girls competition.

The students now compete at the next level in

The students now compete at the next level in Castlemaine in term 4 against other division schools across Bendigo and Castlemaine.

A big thank you to our parents that helped our teams score and umpire Kristy W, Hayley L, Makael E-S, Sam B, Lisa J, Phoebe G, with the students doing a fabulous job of doing this themselves also.

On Monday, sixteen year 6s, 8 boys and 8 girls went to Hot Shots tennis. We got on the bus at 9 am, which we shared with Woodend Primary, then drove to the Kyneton tennis courts next to the indoor pool.

#### **Girls Team**

Monday morning, Asher, Phoebe, Madi, Amity, Madison, Emily, Sophie and Madeline went to Kyneton to play Hot Shots tennis. They started off playing singles against the Macedon Ranges schools. OLR, Kyneton Primary, Romsey, St Mary's and Woodend Primary.

Then they took to the court to play doubles. The year 6 girls doubles partners were, Asher and Madison, Phoebe and Madi, Amity and Emily, and Sophie was with Madeline. The girls were all numbered 1 to 8, so that no-one was dominated by an opponent who is as good as Ash Barty. They all were ecstatic to play with one another and all their hard work paid off as they won and now, they get a chance to play Hot Shots in Castlemaine.

#### **Boys Team**

Once we got to the courts, Joel, Caysen, Isaac, Hugh, Tom, Sonny, Ellie and Nick were pumped to play their first game. We were given a number based on how good they were and then they versed the same number on the other teams eg. 6 played 6, 1 played 1. So 1-4 played first, side by side, then 5-8 played. After everyone had played they got their doubles partner. Number 1 was with number 2 and so on. When they won a game you would get points so whatever team that had the most wins overall would advance to Castlemaine. After 6 tiring games against Romsey, Hesket, OLR, St. Mary's, Woodend Primary and Kyneton Primary, the scorer read the winners. St. Ambrose was glad when they heard their name called out first meaning we won and they get to go to Castlemaine in Term 4.

#### Mental Health & Wellbeing at St Ambrose

Erin Brass



#### A COMEDIC GUIDE TO SURVIVING MODERN PARENTHOOD

Source: <a href="https://www.abc.net.au/contentsales/programsandgenres/role-of-lifetime/104821574">https://www.abc.net.au/contentsales/programsandgenres/role-of-lifetime/104821574</a>

As if being a parent or caregiver wasn't difficult already, it's become more complex today. The digital age has made it nearly impossible to shield children from the world's constant influence, and the goal posts for raising happy and resilient kids are forever changing.

In this genre-bending series an ensemble of comedians boldly take on the mission of rewriting the rule book in the face of this uncharted territory.

A unique factual entertainment format, The Role of A Lifetime expertly blends factual and scripted comedy to breathe life into common parenting dilemmas. Through a series of comedy sketches, the cast is catapulted out into the real world as they embark on a quest for answers, insights, and hope.

Engaging with a diverse range of experts including psychologists, neuroscientists, and perhaps the most insightful of all, children themselves, these immersive and unexpected explorations offer novel strategies for parenting in this unpredictable modern world.

With more parents than ever facing burnout and children with anxiety increasing exponentially, the series is an accessible and empowering call to arms, equipping millions of parents and caregivers with practical tips, tools and confidence for navigating 'the role of a lifetime'.

All 5 episodes are available on abc iview now.

## JOIN THE CELEBRATION OF ALL THINGS

# Faith & Family



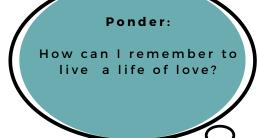
Gospel Reflection: Luke 6:27-38

Friends, in today's Gospel, Jesus commands us to love our enemies.
And therefore our enemies are also our brothers and our sisters.
Notice that I am not denying that we have real enemies who are wicked. But it is a Christian conviction that all of that evil is not telling the deepest truth about the enemy.

The deepest truth is that he or she is a child of God, and thus worthy of our love. None of this implies that wicked people should not be brought to justice. But it does indeed imply that the person so arrested, tried, or imprisoned should remain a beloved brother or sister.

Something that all of us can do is pray for those who mistreat us, offering them to God, expressing a spiritual solidarity with them.

By: Bishop Robert Barron (© Word on Fire 2025.
All Rights Reserved)





Praver

I pray for those who are overwhelmed with the difficulties of life, who are suffering in their illness, drowning in their sorrow.

I pray for those who just want to laugh again. Laughter really is great medicine!

Cause laughter to bubble up and over and through their beings.

By: Nan Jones

Please pray for our Pope, Pope Francis, who is very ill in hospital at the moment.

#### RELIGIOUS CALENDAR OF EVENTS IN TERM ONE, 2025:

Date	Details	Time
1st March	Sacrament of Reconciliation Commitment Mass	5:00 pm
2nd March	Sacrament of Reconciliation Commitment Mass	11:00 am
5th March	Ash Wednesday Mass	9:30 am
12th March	Junior Level Mass (Gr P-2)	9:30 am
17th March	Palm Sunday Prayer Service (Gr P/1)	2:45 pm
24th March	Holy Thursday Prayer Service (Gr 3/4)	
26th March	Middle Level Mass (Gr 3/4)	9:30 am
26th March	Sacrament of Reconciliation Practice	10:30 am
27th March	Sacrament of Reconciliation & Celebration	12:30 pm
31st March	Good Friday Prayer Service (Gr 5/6)	2:45 pm
1st April	Easter Sunday Prayer Service (Gr 2)	10:15 am
2nd April	End of Term 1 Mass	9:30 am

Please note: All are welcome to our Masses. If you would like to join us in any of these celebrations, you are most welcome.

PARISH NEWSLETTER

CHILDREN'S LITURGY

Faith & Family 16



## **COMMUNITY NEWS**





#### How can families support allergy aware schools?



If your child has an allergy:



Tell the school about your child's allergies when you enrol them.



Work with the school to plan for activities that involve food (such as food technolog) lessons or social occasions) and talk to the teacher who is organising the activity. If your child is attending a school camp, talk to the teacher who is organising the camp or activity. Ask them for the contact details of the camp cateers or that you can talk to them about your child's food allergies.



Before your child starts school give the school a copy of your child's ASCIA Action Plan. The ASCIA Action Plan should be completed by your child's doctor or nurse practitioner.



Teach your child about their allergy. This will depend on your child's age, allergies and abilities.



about what the school can do to care for your child while at school at excursions and on camps.



- Children with food allergy need to:

   Learn about the food they are allergic to.

   Learn how to talk with others about their allergies.

   Wash their hands before and after eating.
- Not share food.
- Only drink from their own water bottle.
- Only drink from their own water bottle.

  Only eat food provided by a trusted adult who knows about their food allergies.

  Tell a teacher if they feel unwell.



Civie the school one of your child's adrenaline injectors (in date), along with any other medication (such as antihistamine and asthma reliever medication).



- Children with insect allergy need to:

- Children with insect allergy need to:

  Learn about the insect they are allergic to.

  Learn how to talk with others about their allergy.

  Keep their shoes on when playing outside.

  Be careful when at outdoor swimming events if they do not have shoes on.

  Drink from a container with a lid and be careful if drinking from cans.



For more information visit: allergyaware.org.au









Help the school look after children with allergies by supporting the ways the school reduces the risk of a child having an allergic reaction.



Teach your child about how to care for their friends and other children with allergies.



Talk to your child about how everyone has different health need and teach them to be respectful of the needs of other children.



- Caring for children with allergies includes Washing hands before and after eating.
- Not sharing food.
- Only drinking from their own water bottle
- ascia



## Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Agree to join in free online financial education workshops



1300 610 355 saverplus.org.au



## CLICK HERE ▶

## **Netball - spots remaining**

Limited spots are available for the Woodend Hawks Under 11 Netball team.

Don't miss your chance to hit the court with the Hawks this season!

Get in touch with our netball coordinator Kristy via email to register your interest.



netball@woodendhawks.com.au



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Community News



## **COMMUNITY NEWS**



## Sacred Heart College Kyneton

## **Guiding Growing Minds**

Members of the local community are invited to attend this event.

#### **Guest Speaker: Billy Garvey**

Billy Garvey is a developmental paediatrician with over 20 years of experience working with children and families in various settings. He is the founder of Guiding Growing Minds (GGM) and author of Ten Things I Wish You Knew About Your Child's Mental Health.

Billy is a passionate advocate for supporting those who care for kids by equipping them with the tools and knowledge to foster healthy development. As part of this vision, Billy hosts the Pop Culture Parenting Podcast, providing practical strategies for parents and



Scan for the GGM website & Pop Culture Parenting Podcast

This event offers an opportunity for practical, honest and safe discussions on topics aimed to assist parents in supporting their children's growth and wellbeing.

When: Wednesday 12 March Time: 7:00 pm - 8:30 pm Where: Mary Moloney Theatre

Sacred Heart College, Kyneton Tickets: This is a free event but seats must be booked via www.trybooking.com/CXSVS A Ministry of Mercy Education Limited - ABN 69 154 531 870



Parent Engagement Partnership

## **YEAR 7 2027 APPLICATIONS**



#### TO PARENTS OF STUDENTS CURRENTLY IN GRADE 5

Here at Salesian College Sunbury we are proud of our relationship with our neighbouring schools and communities. We work together to provide a quality Catholic education to the young people of Sunbury and surrounds. We celebrate life and faith, prepare students to contribute positively, and provide opportunities to achieve excellence.

We would love to see you as part of our Salesian family.

Did you know that now is the time to apply for a place at Salesian College Sunbury in Year 7 2027? Applications are being accepted and close on Friday 15 August 2025.

Visit our website, or click here to apply. The online application form can be started, saved, and completed at any time. I invite you to visit our College website for all other

Our website also features a virtual tour where you can explore what makes us so unique

First round interviews for Year 7 2027 places will be conducted in early September and offers will go out in October. An interview booking link will be supplied to all applicants soon after the closing date.

If you require further information, please contact our College Registrar (details below).

Mark Brockhus

Principal - Salesian College Sunbury





salesiansunbury.vic.edu.au | 9744 0000 | registrar@salesiansunbury.vic.edu.au



## **Open Evening**

Thursday 27 March, 4:00pm - 8:00pm Book Online: shckyneton.catholic.edu.au

Hands on activities, information sessions and displays - lots to see and do.



SACRED HEART COLLEGE KYNETON

CRED HEART COLLEGE KYNEION
www.shckyneton.catholic.edu.au
istry of Mercy Education Limited - ABN 69 154 531 870
T: 5421 1200 E: registrar@shckyneton.catholic.edu.au

Community News